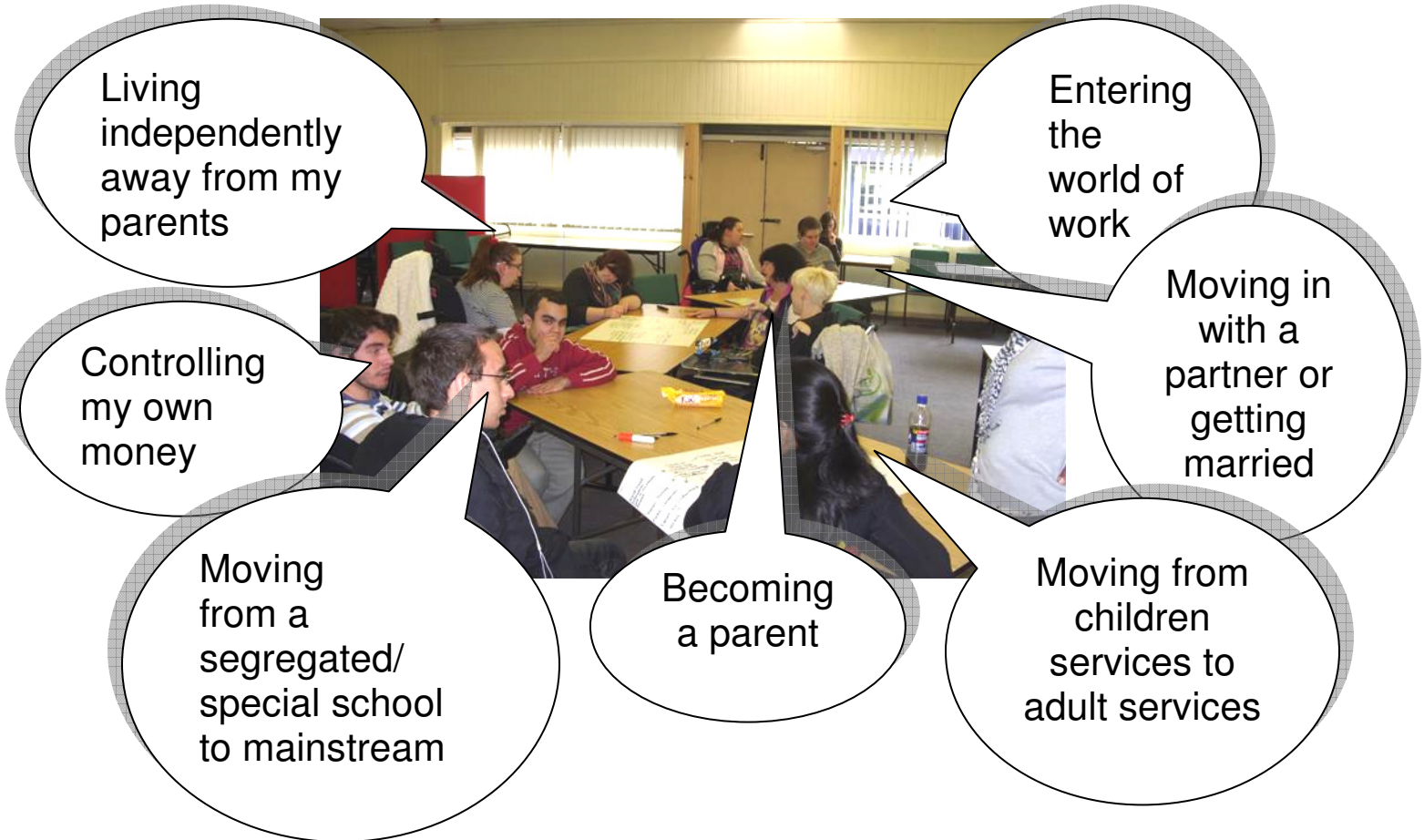


## Transitions (Moving on)

For young disabled people, transition or moving on means many things such as:-



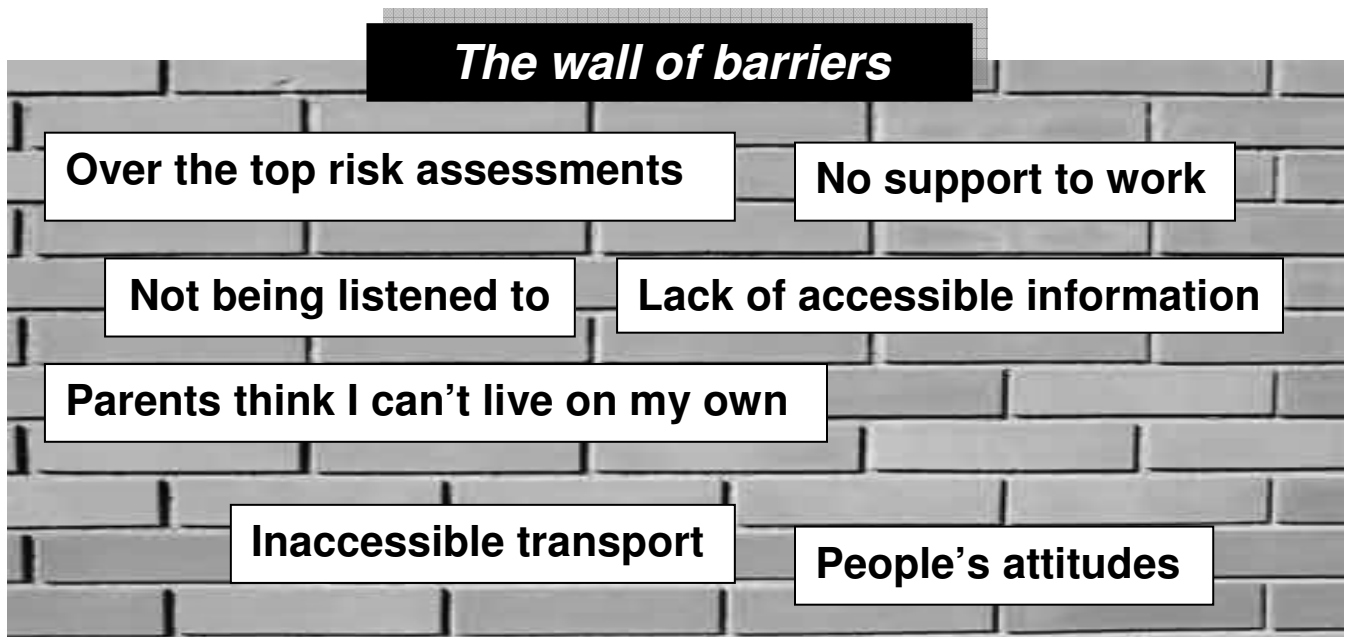
Young people can be stopped or face **barriers** when they are moving through these changes. However, young disabled people can face additional barriers.

For example, some young disabled people may find it difficult to find information or services to help them e.g. on benefits or housing and they may need some support or need information in a way that suits their needs

**Please turn over**

## Some barriers young disabled people face

Here is what some young disabled people said they found difficult when they were going through these changes:-



## What Young Disabled People want

When we asked young disabled people what they would like to say to people about the things that stopped them from making changes, some of the things they said were:-

