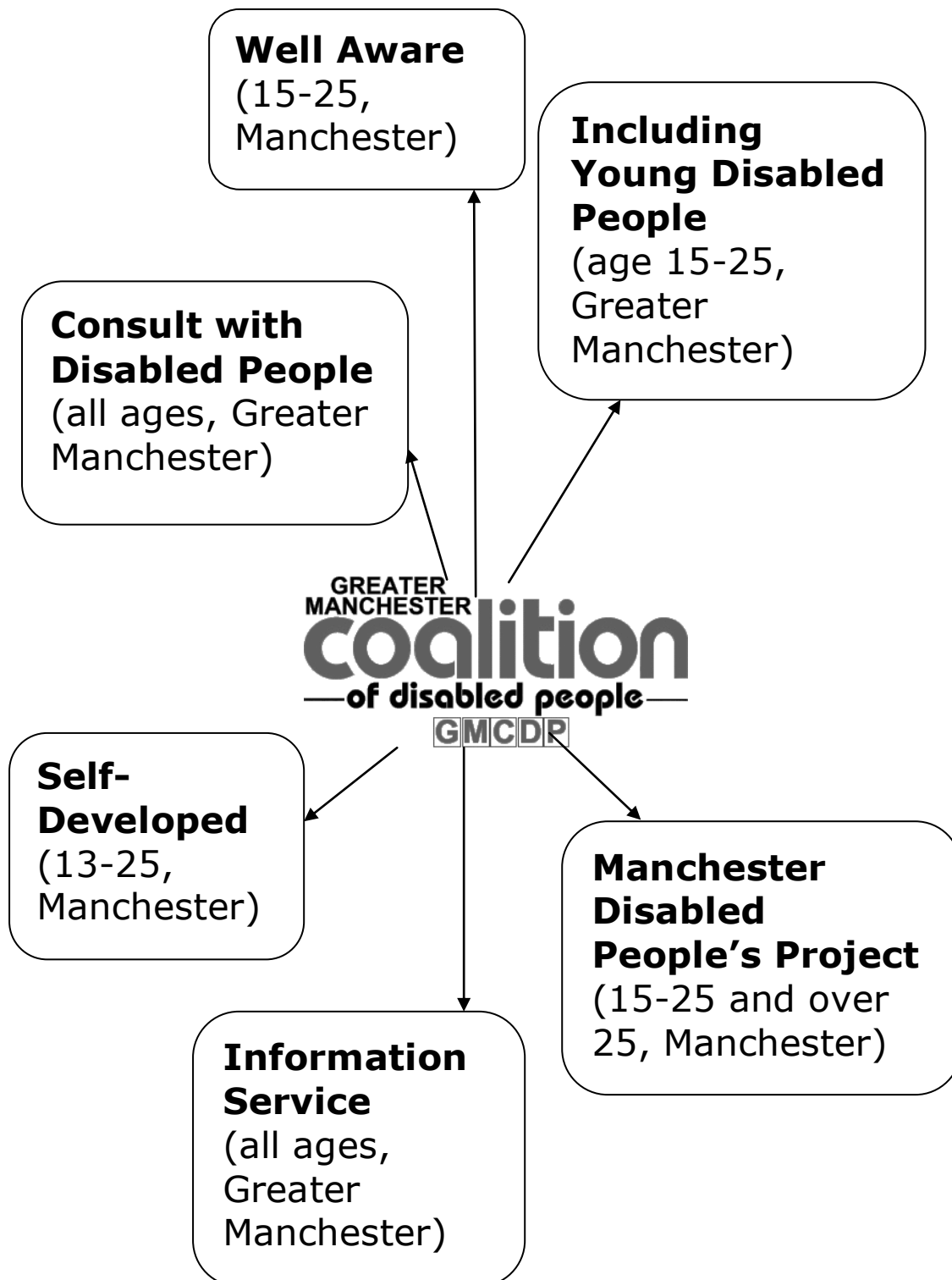


Greater Manchester Coalition of Disabled People



GMCDP Projects and Services



What is the Coalition?

Greater Manchester Coalition of Disabled People is sometimes called GMCDP or The Coalition.

GMCDP is an organisation **of** disabled people. That means GMCDP is controlled by disabled people.

Only disabled people can be on the Management Committee and vote at meetings. GMCDP only employs disabled workers.

GMCDP welcomes non-disabled supporters, who agree that disabled people should run our own organisations.

The Coalition sees that disabled people are discriminated against. That means people treat disabled people badly.

GMCDP does not like disabled people being kept separate from non-disabled people.

What does GMCDP plan to do?

GMCDP plans to:

- Tell people about disabled people's independence. Help disabled people to find independence. (Independence is choice and control over our lives.)

- Support disabled people to be included in society (integration). Tell people that disabled people should be included in society.
- Find and stop the discrimination faced by disabled people. Discrimination is disabled people not being treated the same as non-disabled people.
- Support disabled people to set up our own groups (that is called self-organisation).

Projects and Services for disabled people around Greater Manchester

Including Young Disabled People Project

This project is for young disabled people who are 15-25 years old and live in Greater Manchester.

The project gives young disabled people the chance to do a lot of different things. Some examples are:

- Meeting other young disabled people.
- Saying what you think about things (consultation). Forums.
- Campaigning. This is telling people how you want things to change.

- Peer support – this is supporting other young disabled people, and getting support for yourself.
- Doing training.
- Being a volunteer.

To find out more, contact: Derek, Brett or Katie.

Phone: 0161 636 7538

Email

dbroadbent@gmcdp.com

bsavage@gmcdp.com

kcragg@gmcdp.com

GMCDP Information Service

This service is open 2 days a week. It is for any disabled people and their supporters across Greater Manchester.

We can answer your questions by phone 0161 636 7533 or email info@gmcdp.com

GMCDP also has lots of information.

Check our website for news and information:

www.gmcdp.com

Consult with Disabled People

This project will last for 2 years. It is for disabled people from Greater Manchester.

It is supporting a group of disabled people to learn how to tell people what disabled people think about things (consultation).

It is supporting a group of disabled people to learn how to support disabled people (peer support).

The project gives training in:

- Consultation – how tell people what disabled people think.
- Facilitation – how to run a meeting.
- Communication skills – how to say what you want to say well.
- Disability equality.

The project will tell organisations what disabled people think about things (consultation).

The project will say what is the best way of doing things (good practice).

To find out more, contact Anne.

Phone 0161 636 7535

Email atober@gmcdp.com

Transcription Service

GMCDP can change printed papers to large print, Braille or audio.

To find out more, contact Linda.

Phone: 0161 636 7534

Email: info@gmcdp.com

Projects and services for disabled people in Manchester

Manchester Disabled People's Project

This project is for disabled people living in Manchester.

We can offer information and support on independent living and other things to do with being a disabled person.

For disabled people of all ages:

- We can answer simple information questions.
- We can help with more complicated problems.
- We run workshops and training. These are to look at independent living and other things that are important to disabled people.

For young disabled people who are 15-25 years old:

- We run small groups. These give space to look at things that are important to young disabled people.
- We will have an event every year celebrating what young disabled people have done in Manchester.

The project has a small number of chances to volunteer.

We will be doing training on disability equality for people who provide services.

Young Disabled People's Forum

The Forum has two projects.

Self Developed Project

This is for young disabled people who are 13-25 years old who live in Manchester.

The project will be open two days a week for young disabled people to get information and support.

It is for young disabled people who want to work out what they would like to do socially, in learning and in employment.

It is to support young disabled people to find out what they need to know.

It is to help young disabled people feel they can live their lives how they wish to.

Well Aware

This project supports young disabled people to look at health and well-being.

Examples are: healthy eating, relationships, stress, leisure and dealing with bullying.

We run a Young Disabled Women's Health day and Young Disabled Men's Health day every year.

We have everything GMCDP writes in standard print, large print, audio, braille, and electronically. Most of what GMCDP writes is in easier to read. Some of the things GMCDP wrote in the past is not yet in easier to read.

Greater Manchester Coalition of Disabled
People

Unit 4

Windrush Millennium Centre

70 Alexandra Road

Moss Side

Manchester

M16 7WD

Phone: 0161 636 7534

Mobile for texts: 07508 537561

Email: info@gmcdp.com

Website: www.gmcdp.com

