

# Greater Manchester Coalition of Disabled People



## **What is the Coalition?**

Greater Manchester Coalition of Disabled People (GMCDP) is an organisation **of** disabled people—that is, controlled by disabled people. Only disabled people can be on the Management Committee and vote at meetings, and GMCDP employs only disabled workers.

GMCDP does, however, welcome the involvement of non-disabled supporters, who appreciate that control of our own organisations is an essential part of disabled people achieving control over their own lives.

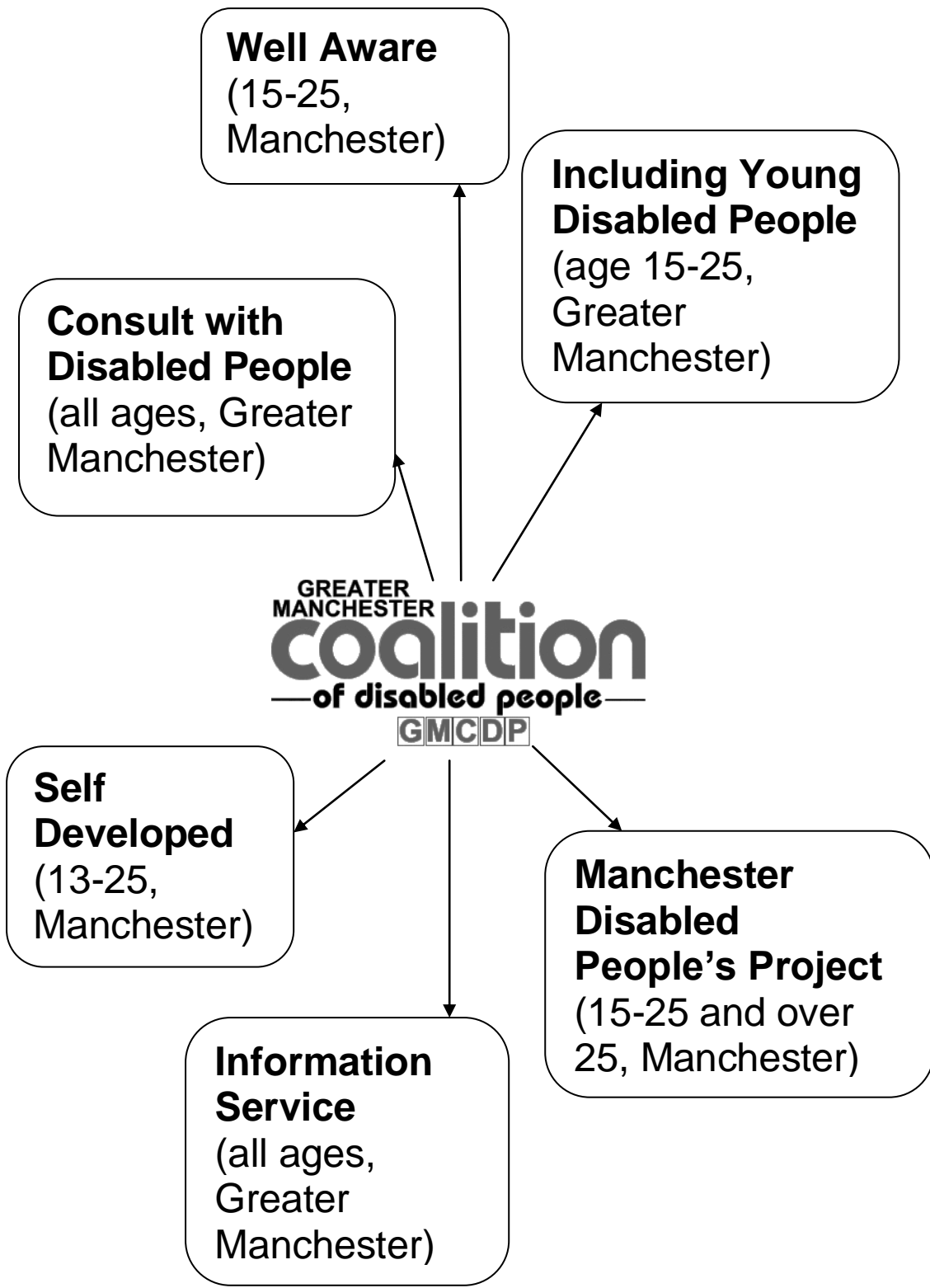
The Coalition recognises that disabled people are discriminated against and actively opposes the segregation of disabled people.

## **What are GMCDP's aims?**

GMCDP aims to

- Promote the independence and inclusion of disabled people in society.
- Identify and challenge the discrimination faced by disabled people in society today.
- Encourage and support the self-organisation of disabled people.

# GMCDP Projects and Services



# **Greater Manchester-Wide Projects and Services**

## **Including Young Disabled People Project**

This project is for young disabled people, aged 15-25, who live in Greater Manchester.

The project gives young disabled people exciting and challenging opportunities. These include:

- meeting other young disabled people;
- getting involved in consultation, campaigning, and peer support forums;
- training and volunteering.

Contact: Derek, Brett or Katie on 0161 636 7538 or by email [dbroadbent@gmcdp.com](mailto:dbroadbent@gmcdp.com) [bsavage@gmcdp.com](mailto:bsavage@gmcdp.com) [kcragg@gmcdp.com](mailto:kcragg@gmcdp.com)

## **Transcription Service**

GMCDP offers a transcription service producing material in accessible formats. These include: large print, braille and audio. For more information, contact Linda by 0161 636 7534 or email [info@gmcdp.com](mailto:info@gmcdp.com)

## **Consult with Disabled People**

This is a two-year project to develop the consultancy and peer support skills of a group of disabled people from around Greater Manchester.

The project offers training in consultation, facilitation and communication skills, disability equality and other issues.

The service provides consultation and good practice guidance to organisations wishing to consider disability equality when developing their policies and services.

For more information, contact Anne by: phone 0161 636 7535 or email [atober@gmcdp.com](mailto:atober@gmcdp.com)

## **GMCDP Information Service**

This service is available, 2 days a week, for disabled people and their supporters across Greater Manchester. We can answer enquiries by phone or email (0161 636 7533 or [info@gmcdp.com](mailto:info@gmcdp.com)).

GMCDP also has a range of information resources. Check our website for up to date news and information ([www.gmcdp.com](http://www.gmcdp.com)).

# **Manchester-Focussed Projects and Services**

## **Manchester Disabled People's Project**

This project is for disabled people living in Manchester. We can offer information and support on independent living and other disability related issues.

For disabled people of all ages:

- We can answer simple information enquiries or support with more complex issues.
- We run workshops and training to explore independent living and other disability related issues that are important to disabled people.

In addition, for young disabled people aged 15-25:

- We run small focus groups, giving space to explore the specific issues important to young disabled people.
- We will hold an annual event celebrating the contribution of young disabled people in Manchester.

The project also offers a small number of volunteering opportunities and training on disability equality issues for service providers.

## **Young Disabled People's Forum**

The Forum currently offers two projects.

### **Self Developed Project**

This is for young disabled people, aged 13-25 who, live in Manchester.

The project will be open two days a week for young disabled people to seek information, one-to-one and group support.

It is for young disabled people who want to work out what they would like to achieve socially, in learning and in employment or other activities, and to support young disabled people to gain the skills and confidence to live their lives how they wish to.

### **Well Aware**

This project supports young disabled people to explore a range of health and well-being topics, including healthy eating, relationships, managing stress, accessing leisure opportunities and dealing with bullying. We run a Young Disabled Women's Health Conference and Young Disabled Men's Health Conference annually.

All GMCDP publications are available in standard print, large print, audio, braille, and electronically. GMCDP is also developing its information in easier to read format.

Greater Manchester Coalition of Disabled People

Unit 4

Windrush Millennium Centre

70 Alexandra Road

Moss Side

Manchester

M16 7WD

Phone: 0161 636 7534

Mobile for texts: 07508 537561

Email: [info@gmcdp.com](mailto:info@gmcdp.com)

Website: [www.gmcdp.com](http://www.gmcdp.com)

